



SUMMER speed & agility CAMP



Dates and Times:

Mondays, Wednesdays, and Fridays	
Session 1	Session 2
<u>June 14 - July 9</u>	<u>July 19 - August 13</u>
Group 1 Female Athletes: 8:30am - 9:30am Group 2 Male Athletes: 10:00am - 11:00am	Group 1 Female Athletes: 8:30am - 9:30am Group 2 Male Athletes: 10:00am - 11:00am

Eligibility for participation: Any boy or girl in 8th through 12th grade

Site: Peoria Christian High School

Instructors: Amy Jones and Carl Sipes

Fee: \$180 for one session or \$340 for both sessions (save \$20 if you register for both)
(Make checks payable to Benningfield and Associates)

Each participant receives: T-shirt, training designed to take athletes of all sports to the next competitive level.

Registration Deadline: Friday, May 28, 2010

Mail bottom portion of the form to:

Benningfield and Associates
Attn: Amy Jones
1524 West Glen Ave. Suite A
Peoria, IL 61614

For further information, feel free to contact:
Amy Jones at 309-692-6800

DETACH AND MAIL THE BOTTOM PORTION OF THIS FORM TO ADDRESS ABOVE.

Name: _____

Address: _____

Phone: _____

Grade entering in fall 2010: _____

Parent's Name: _____

Parent's Phone: _____

Emergency Contact: _____

Emergency Contact Phone: _____

Circle session(s) attending:

Session 1:
Group 1 (Female Athletes)
Group 2 (Male Athletes)

Session 2:
Group 1 (Female Athletes)
Group 2 (Female Athletes)

T-shirt Size (Circle One): Adult S Adult M Adult L Adult XL